

Dance baby, dance

Learning while dancing is what this educational module is all about. *INP* tells you more

Chokkapan S | Whitefield

After a range of alternative educational curricula, which employ abacus, stories, toys and play modules, now it's dance for the tiny tots. In order to make learning easy and to enhance motor development and body awareness, Kinderdance programmes blend educational concepts with various forms of movement, dance and gymnastics.

A US-based company established in 1979, Kinderdance has designed a programme based on dance, motor development, gymnastics, and fitness, specifically for children aged between two and 12. According to Kirthana Ramarapu, the master franchise owner of Kinderdance in India, "We teach using lesson plans that incorporate original and traditional age-appropriate music and songs. The programmes blend educational concepts in a development-oriented curriculum for age-appropriate groups and have many levels that each student graduates to



successfully achieve great posture, social interaction, leadership qualities, athletic and academic pursuits. More importantly, we lay emphasis on building self-confidence and self-esteem in young minds."

It's with this agenda the concept was introduced in India last April. "Children who aren't confident with their own movement, personality and skills, who haven't developed strong identities and haven't had the opportunity to develop and test their overall abilities will not develop a strong sense of self-esteem. They play catch-up all through their school years. The frustration eventually causes many to lose interest in school and go astray," says Kirthana. The programmes are taught by trained instructors, who specialise in teaching dance, motor development, gymnastics, creative movement, and fitness to young children.

Kinderdance has also taken up a crusade against childhood obesity through its four movement programmes. They are constantly developed and enhanced to fight childhood obesity.

Centres at: Adarsh Palm Meadows Club, Ramagondanahalli and Art House Studio Sattva, Inner Circle, Whitefield



Children practise some moves at a centre

INDIRANAGGAR PLUS