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workshop

Ready for the ball?

Sign up the little one for some dance lessons post school, courtesy Kinderdance

THE patter of tiny feet is all that you can hear at home right now. And the two-year-old springs pleasant surprises every second — be it the little pirouette she just about manages or the back flips she picked up at gym sessions. “Preschool activities need no longer be only about nursery rhymes or the alphabet,” says Kirtana Ramarapu, a franchiser of Kinderdance, a US-based company specialising in dance training for kids.

“Our programme combines gymnastics with some fitness sessions thrown in,” Ramarapu says, adding, “it also focuses on academic readiness and

is specially designed for children aged 2 to 12.”

The difference

So what does Kinderdance offer that other after school activity centres don't? “We start early and our programmes blend educational concepts with various forms of movement, dance and gymnastics,” she explains.



“Each class is taught using a lesson plan, which incorporates age-appropriate music and songs.” Having lived in the States for many years before moving to India to have her second child, Ramarapu says she couldn't find many activity schools back then. “I was looking for some pre-school activities for my two-year-old and I didn't have much choice, so I started Kinderdance,” she adds.

What's on offer?

The programmes are structured to run for 36 weeks in three batches — Kindertot (2 years), Kinderdance and Kindergym (3-5 years) and Kindermotion (3-12 years). The children learn the basics of ballet, tap-dance and acrobatics. “At the end of the sessions, they put up a show called See What We Have Learnt,” smiles Ramarapu.

The programme can be a part of school curriculum or held as an afterschool activity. Cost: Rs 600 to 800 per month. Details: 9880936612

— Zoya Philip

